CowboyStudio Continuous Lighting Kit Setup Instructions

This document contains step-by-step instructions for setting up one of our continuous lighting kits. Your kit should include:

- One (1) light stand
- One (1) soft white umbrella
- One (1) double head light socket
- Two (2) compact fluorescent light bulbs

The exact contents of your kit may vary based upon your order.









Step 1: Remove the protective cap from the top of the light stand as shown in Figure 2.

Step 2: Loosen the wing nut at the top of the light stand legs by turning counterclockwise as shown in Figure 3. Expand the legs so that the light stand will stand up on its own, and then tighten the wing nut.

Step 3: Open the flip locks on the light stand joints to allow the light stand sections to move freely. Raise and lower the sections of the stand to the desired height, and close the flip locks to hold the sections in place. Refer to Figure 4 for a detailed look at these locks.

At this point, the light should stand on its own at your desired height, as illustrated in Figure 5.









Step 4: Mount the double head light socket on the light stand. Start by loosening the wing nut at the base of the double head light socket. Slide the double head light socket onto the tip of the light stand as shown in Figure 5 and tighten the wing nut until the double head light socket fits securely.

Step 5: Adjust the angle of the double head light socket by loosening the wing nut on the base as shown in Figure 6. Swivel the top of the double head light socket until you have it positioned in the desired angle. Then tighten the wing nut on the base of the double head light socket until it is secure.

Step 6: Screw the light bulb into the double head light socket. Make sure to use the base when tightening, not the top, as shown in Figure 7. Repeat for the second bulb. When done, your light bulb and double head light socket should match Figure 8.





Step 7: Open the umbrella and insert the stem of the umbrella into the umbrella hole in the double head light socket until the umbrella is secure as shown in Figure 9. Your assembly should then match Figure 10.



Once fully assembled, your continuous lighting kit should match that in Figure 11. To use, plug in the cord on the ac light socket and flip the power switch.