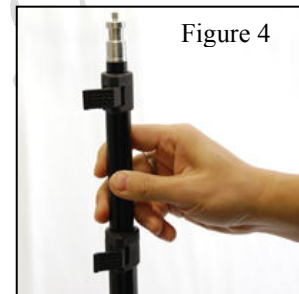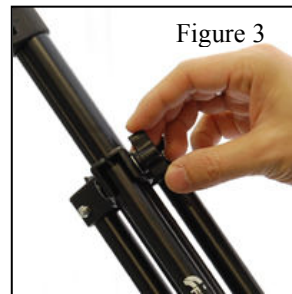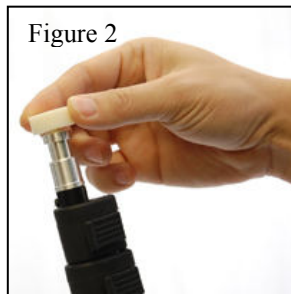# CowboyStudio Continuous Lighting Kit Setup Instructions

This document contains step-by-step instructions for setting up one of our continuous lighting kits. Your kit should include:

- One (1) light stand
- One (1) soft white umbrella
- One (1) premium ac light socket
- One (1) compact fluorescent light bulb

The exact contents of your kit may vary based upon your order. Refer to Figure 1 for the items included in the instructional kit.

Figure 1

Figure 2

Figure 3

Figure 4

Step 1: Remove the protective cap from the top of the light stand as shown in Figure 2.

Step 2: Loosen the wing nut at the top of the light stand legs by turning counterclockwise as shown in Figure 3. Expand the legs so that the light stand will stand up on its own, and then tighten the wing nut.

Step 3: Open the flip locks on the light stand joints to allow the light stand sections to move freely. Raise and lower the sections of the stand to the desired height, and close the flip locks to hold the sections in place. Refer to Figure 4 for a detailed look at these locks.

At this point, the light should stand on its own at your desired height, as illustrated in Figure 5.

Figure 5

Step 4: Mount the premium ac light socket on the light stand. Start by loosening the dial at the base of the premium ac light socket. Slide the premium ac light socket onto the tip of the light stand as shown in Figure 6 and tighten the dial until the premium ac light socket fits securely as shown in Figure 7.

Step 5: Adjust the angle of the premium ac light socket by loosening the tabbed dial on the base as shown in Figure 8. Swivel the top of the premium ac light socket until you have it positioned in the desired angle. Then tighten the tabbed dial on the base of the premium ac light socket until it is secure.

Figure 6

Figure 7

Figure 8

Figure 9

Step 6: Screw the light bulb into the premium ac light socket. Make sure to use the base when tightening, not the top.

Step 7: Open the umbrella and insert the stem of the umbrella into the umbrella hole in the premium ac light socket until the umbrella is secure as shown in Figure 9.

Once fully assembled, your strobe/flash lighting kit should match that in Figure 10 or Figure 11 (based on the color of your umbrella).

Figure 10

Figure 11